

Date: _____



Client's Name: _____

**Madraigos Midwest
Mozes & Helen Stern Counseling Center
Parent Assessment**

Presenting Problem:

What is the primary reason you are requesting counseling services for your child? What are you most concerned about at the present time?

When did this (problem) begin?

Are there any other significant events that contribute to this or other issues your child is dealing with?

Has anyone else expressed concern about your child? (Ie: Teachers, extended family, friends, etc.)

Family History

Parents married, divorced or separated?

Mother's Name:

Description of relationship with your child: (Good, Fair, Poor)

Father's Name:

Description of relationship with your child: (Good, Fair, Poor)

*Step-parent's name:

Description of relationship with your child: (Good, Fair, Poor)

Please list names of siblings, their ages, and quality of relationship (good, fair, poor):

| Name | Age | Quality of Relationship |
|-------|-------|-------------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

(Optional) Family's religious status:

Orthodox _____ Conservative _____ Reform _____
Non-Affiliated _____ Other Religion _____

What are some of your family stressors (marital, financial, medical, extended family, etc.)?

Is there anyone in the home that you believe to be abusive (sexually, physically, verbally, financially and/or emotionally)?

Do you believe that your child has been or is being abused (sexually, physically, verbally, financially and/or emotionally)?

Is there anyone in the home whose addictive behaviors (ie: substance, alcohol, illegal prescription drugs, pornography, etc.) impact your child?

Are there any ongoing legal issues that are impacting your child?

Has there been DCFS involvement in your family at any point?

Child's Developmental History (ages 0-5):

Problems experienced during pregnancy and delivery?

Birth complications or problems?

Difficulty bonding?

Early childhood medical/health problems?

Did your child receive any therapeutic services during preschool? (OT, PT, Speech, Social skill etc.)

Child's Current Health/Medical Information

Primary Care Physician:

Conditions currently being treated:

Circle all that apply to your child and provide basic details.

Allergy

Sleep concerns (ie: oversleeping or insomnia)

Eating/weight concerns

Tobacco use

Substance use

Other addictive behaviors

Child's Mental Health:

Does your child typically express feelings of (*check all that apply*):

| | | |
|--------------------------|--------------------|----------------------|
| Sadness/Depression _____ | Anger _____ | Other (please list): |
| Anxiety _____ | Hopelessness _____ | _____ |
| Fear _____ | Guilt _____ | _____ |
| Stress/Overwhelm _____ | Remorse _____ | _____ |

How would you describe your child's personality (*check all that apply*)?

| | | |
|-------------------|----------------------|-------------------|
| Intense _____ | Agreeable _____ | Friendly _____ |
| Passive _____ | Likeable _____ | Withdrawn _____ |
| Motivated _____ | Self-Defeating _____ | Reserved _____ |
| Engaged _____ | Argumentative _____ | Indifferent _____ |
| Cooperative _____ | Confident _____ | Helpful _____ |
| Sensitive _____ | Hopeful _____ | Other: _____ |

In the past, has your child attended out-patient therapy? If yes, when and with whom?

Currently, is your child in any form of psychotherapy? If yes, where?

Has your child ever attended a daily partial hospitalization program (PHP)?

Has your child ever been hospitalized for psychiatric treatment?

Medications (*psychotropic*):

Past:

| Dates | Type | Dosage | Prescribing Doctor |
|-------|------|--------|--------------------|
| | | | |
| | | | |
| | | | |

Present:

| Dates | Type | Dosage | Prescribing Doctor |
|-------|------|--------|--------------------|
| | | | |
| | | | |
| | | | |

Please identify the treatment goals that you have for your child:

Educational History:

Highest grade level achieved: _____

Learning difficulty/disability?

Does your child have any school related behavioral struggles? If yes, please explain.

School History:

| School | Grades | Years |
|--------|--------|-------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Social-Emotional History

What are your child’s strengths, positive traits, and talents?

How does your child spend their free time?

Describe strengths and gaps in your child’s social skills and friendships?

Who are the other significant people in your child’s life that are supportive of his or her growth?

Is there anything else your child's therapist should know that doesn't appear on this form?
